



# UNITED REPUBLIC OF TANZANIA COUNTRY INFORMATION

## 43<sup>rd</sup> ORDINARY SESSION OF THE PAN AFRICAN POSTAL UNION (PAPU) ADMINISTRATIVE COUNCIL



18<sup>th</sup> - 25<sup>th</sup> June 2025



PAPU Tower

ARUSHA, UNITED REPUBLIC OF TANZANIA



# 01. About Arusha

The United Republic of Tanzania is a union of two sovereign states namely Tanganyika and Zanzibar. Tanzania has a total area of 945,087 square kilometers; based on the National Population Household and Census report of 2022 the country has a population of 63 million. The incumbent president of the United Republic of Tanzania is H.E. Dr. Samia Suluhu Hassan from the ruling party- Chama Cha Mapinduzi (CCM).

Tanzania is located in the Eastern part of Africa at 6.3690° S, 34.8888° E coordinates, bordered with Kenya and Uganda to the North; Rwanda, Burundi, and the Democratic Republic of the Congo (DRC) to the West; Zambia, Malawi, and Mozambique to the South; and the Indian Ocean to the East. Dodoma is the capital city of the country while Dar es Salaam is still a major commercial city.



Tanzania is known for the majestic Spice Islands of Zanzibar. The ultimate paradise on the Indian Ocean. Mount Kilimanjaro, the highest mountain in Africa with a snowcap despite of being very close to the Equator. Olduvai Gorge, the Cradle of Mankind yielded some of the earliest evidence of human ancestors. Ngorongoro Crater, the 7th natural wonder of the World. Serengeti National Park-world renown for the largest concentration of wildlife and the spectacular wildebeest migration (there is nothing like it on this planet).

Selous Game Reserve-the largest game reserve in Africa. Lake Tanganyika-the deepest lake in Africa with a maximum depth of approximately 1,470 meters (4,823 feet) and the second deepest freshwater lake in the world. Lake Victoria, the largest lake in Africa with about 68,800 square kilometers, second largest freshwater Lake by surface in the world. All these endowments offer opportunities for leisure and investment in hotels, camps, water sports, hunting, and tour operations.





# 01. About Arusha

Arusha is located in the Northern part of the United Republic of Tanzania at the foot of Mount Meru on the eastern edge of the east branch of the Great Rift Valley. Arusha Region is a popular tourist destination and the heart of the Northern Tanzania Safari Circuit. It offers a pleasurable climate and surrounded by internationally renowned attractions, including game parks like the Serengeti, Ngorongoro, Lake Manyara, Olduvai Gorge, Tarangire National Park, Mount Kilimanjaro and Arusha National Park, where Mount Meru stands. The city is known for its vibrant markets, bustling streets, and diverse cultural offerings, including traditional Maasai dance performances and handicrafts

Arusha is the headquarters of the East African Community and hosts numerous International Organizations, including the Pan African Postal Union, the International Residual Mechanism for Criminal Tribunals, the African Court on Human and People's Rights; African Union Advisory Board against Corruption.



# 02. Weather – during the Month of June

The average minimum temperature in Arusha in June is 15.0°C (59.0°F), usually noted at night. June is one of the driest months with very little rainfall typically around 5 to 10 millimeters. The average maximum daytime temperature lies between 21°C to 23°C (70°F to 73°F). June is one of the best months to visit Arusha. More updated information can be obtained from the Tanzania Meteorological Authority at

<http://www.meteo.go.tz/>.



## 03. Visa Requirements

- a. Foreigners seeking to enter the United Republic of Tanzania should be in possession of a valid passport. The passport is to be presented to the Immigration Control Officer at any entry point: border station, airport, harbor. The passport must be presented along with a valid visa.
- b. Delegates are advised to consult the nearest Tanzanian Embassy well in advance for visa requirements.
- c. Information on Visa and online application can be accessed at <https://eservices.immigration.go.tz/online/pass/home>
- d. Citizens from Southern Africa Development Community (SADC) and East African Community (EAC) do not require a visa.

## 04. Health Requirements

### a. **Yellow fever vaccination certificate**

In order to comply with the International Health Regulations, United Republic of Tanzania requires a valid International Certificate of Vaccination from travelers from countries with infected areas. In addition, certificates are required from those who have been in transit through those areas.

### b. **Insurance**

Insurance for personal accident, medical emergencies, and loss of luggage and currency will be the responsibility of individual delegates.





## 05. Travel Logistics

Delegates are requested to fill in the online forms and provide all travel information, including flight number, arrival and departure dates, and time.

### Main Destinations to Arusha

The main destination airports for this event for direct flights is Kilimanjaro International Airport (JRO) and for connections from Julius Nyerere International Airport in Dar es Salaam. For direct flight from Kilimanjaro, the airport is located at 45 kilometers from Arusha city and for connection flights from Julius Nyerere International Airport - Dar es Salaam to Kilimanjaro International airport and Arusha Airport the flight hour is 60mins.

#### a) Transport from the Airport to the Hotel

Delegates are advised to arrange with their selected hotels for pick up from Kilimanjaro International Airport or Arusha Airport or take airport taxi at a maximum cost of USD 50.00 or USD 20.00 respectively to the Arusha city

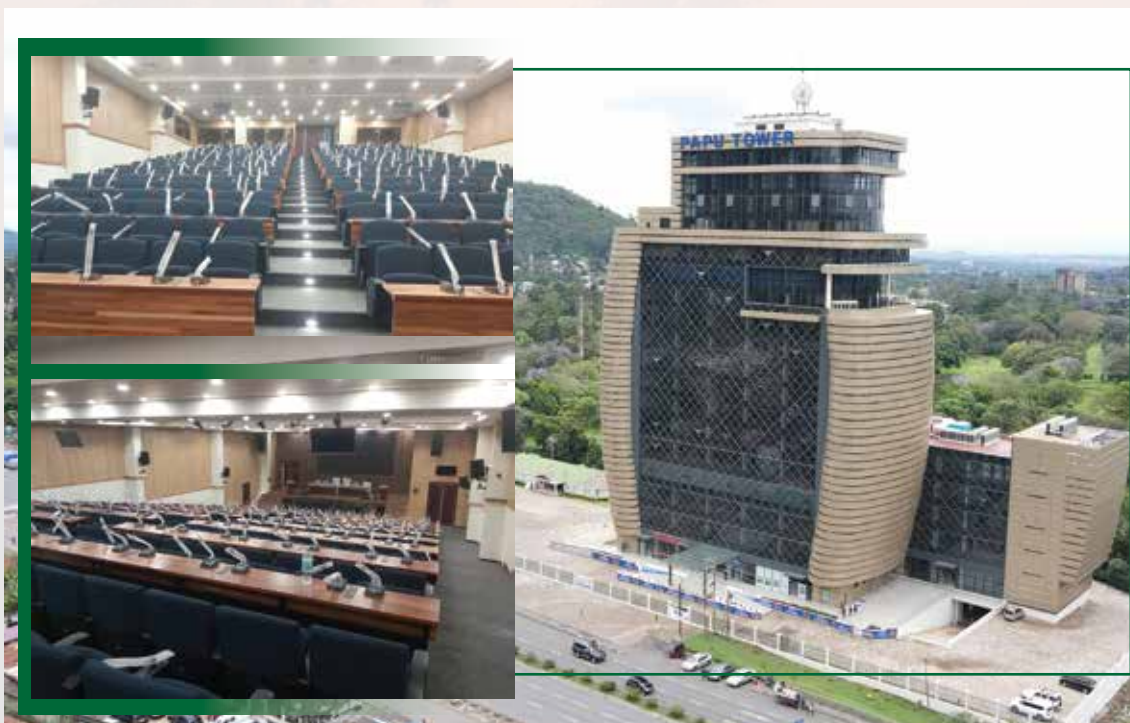
#### b) Transport from Hotel to Meeting Venue

PAPU will provide delegates with transport from recommended hotels ONLY to the meeting venue and back on all meeting dates.

#### c) Other transport options that are available within the City of Arusha include Bolt, In-Drive, Uber and the normal conventional Taxis.

## 06. Meeting Venue

The Meeting will be held at the new Pan African Postal Union Headquarters building (PAPU TOWER) located at 282 Moshi Road, Philips Area SEKEI Ward in Arusha Tanzania. (JPM4+R8H.)



## 07. Participation

For a better organization, delegates are requested to register in advance following the link <https://forms.gle/erGxQLBxy3pMWzLb8> In addition, a “Zoom” link will be made available to member states for online participation.

## 08. Accommodation

Whereas the meeting Host has negotiated for favourable rates with Hotels, it must be noted that Delegates will have the sole responsibility of meeting their hotel accommodation, food and other personal expenses.

For hotel booking visit <https://www.upap-papu.post/list-of-hotels/> .

## 10. Internet Access and Mobile Telephony Services

Internet Access will be provided at the venue, through WiFi. Delegates who wish to have local SIM Cards can obtain the same at the venue or at the Operators’ shops. The recommended Mobile Network Operators are TTCL, Vodacom, Yas, Airtel and Halotel all offering (2G, 3G & 4G).

## 11. Electricity

Tanzania standard electricity voltage is at 220 - 240V, and the frequency is 50/60Hz with power plugs and sockets of type G: square type three pins





## 12. Currency

\*The Official currency is Tanzanian Shilling (TZS), which is officially used for local transactions. Exchange rates for other currencies can be found at any bureau de change. Reference for daily exchange rate can be accessed through the following link

<https://www.bot.go.tz/exchangerate/excrates>

## 13. Additional Information

- a. **Time Zone:** Tanzania Standard Time is three (3) hours ahead of Greenwich Mean Time (GMT+3).
- b. **Emergency Numbers:** In case of emergency, for police please dial 112 and for Fire Emergency : 114:
- c. **Banking:** Monday to Friday 0830-1530 and Saturday : 0830-1200
- d. **Shops:** Monday to Friday: 0800-1700 and Saturday : 0800-1300
- e. **Languages:** English and Swahili are the official languages in the United Republic of Tanzania.

## 14. Host Contact Persons

The name of a contact person in Tanzania to assist with the invitation letter for Visa purpose and any technical assistance are: -

- |    |                    |  |                      |
|----|--------------------|--|----------------------|
| a) | Ms. Itesi Taguaba: | email : <a href="mailto:sc@papu.co.tz">sc@papu.co.tz</a> ; | mobile +255755209679 |
| b) | Mr. Jude Asu Tarh  | email: <a href="mailto:pt@papu.co.tz">pt@papu.co.tz</a>    | mobile +255679777850 |

Tanzania isn't just a Destination,  
It's a life-changing Experience!

Welcome to Arusha,  
Welcome to Tanzania

